

Salt Reduction, Hypertension Treatment and Control in Canada

加拿大减盐行动及高血压的防治

10:30-12:00 A.M

2011-03-11

Language: English

Room 509, Yifu Building, Peking University Health Science Center, No.38, Xueyuan Rd, Haidian District, Beijing

北京市海淀区学院路 38 号北京大学医学部逸夫楼 509 教室



Dr Norm Campbell

Professor of Medicine,
Community Health
Sciences and Physiology
and Pharmacology,
University of Calgary



Dr Mary R. L'Abbé

Earle W. McHenry
Professor and Chair,
Department of Nutritional
Sciences,
Faculty of Medicine,
University of Toronto.

About the Speakers

Dr Campbell holds the inaugural CIHR Canada Chair in Hypertension Prevention and Control, and chairs the PAHO/WHO Regional Expert Group on Cardiovascular Disease Prevention through Dietary Salt Reduction that has the task of making policy recommendations to reduce dietary sodium in the America's.

Dr Campbell has been President of the Canadian Hypertension Society (1999-2000), Blood Pressure Canada, (1996-1999 and 2006-2010) and the Canadian Society for Clinical Pharmacology (2002-2004). He initiated the Canadian Hypertension Education Program (CHEP) in 2000 and chaired it for 7 of its first 10 years. CHEP developed, and implemented Canadian hypertension recommendations and evaluated their impact.

Dr Campbell has received a number of awards including the Canadian Hypertension Society Distinguished Service Award (2009), the Heart and Stroke Foundation of Canada Leadership Award in Heart Healthy Policy (2007), etc.

Dr Mary R. L'Abbé was the director of the Bureau of Nutritional Sciences at Health Canada, Chair and vice - Chair of the Canadian Sodium Working Group (2007 - 2010) charged with developing the *Sodium Reduction Strategy for Canada* (2010), a strategy for reducing sodium intakes by Canadians. She is also a member of the PAHO regional expert group on Cardiovascular Disease Prevention through Dietary Salt Reduction and a member of the World Health Organization Nutrition Guidance Expert Advisory Group (NUGAG), and Subgroup on Diet and Health (2009 - 2012).

Dr. L'Abbé is an expert in public health nutrition, nutrition policy, and food and nutrition regulations. Her research examines the nutritional quality of the Canadian food supply, nutrition surveys and factors influencing consumers' understanding of nutrition, their food choices related to obesity and chronic disease, and research in the area of minerals and trace elements.

本系列讲座由以下机构联合举办 (The Lecture Series is co-hosted by the following organizations):



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